

Our team of specialist support workers will be available to assist you from the moment you contact The Saturn Centre

The Saturn Centre team is able to:

- Explain the various options that may be available to help you make the right decision for your situation.
- Provide emotional and practical support and attend meetings with you if you wish.
- Help you get the best service according to your needs and assist you with accessing these services, whether or not you want to take legal action.
- For men and women who have experienced sexual violence either recently or in the past, we can link you to counselling services when and if you feel ready.
- Help you have your voice heard when meeting with other organisations or professionals.
- Attend pre-trial visits and court hearings with you.
- Listen to your feedback with the aim of improving and developing the Saturn Centre to best suit the needs of people using it.

Safety

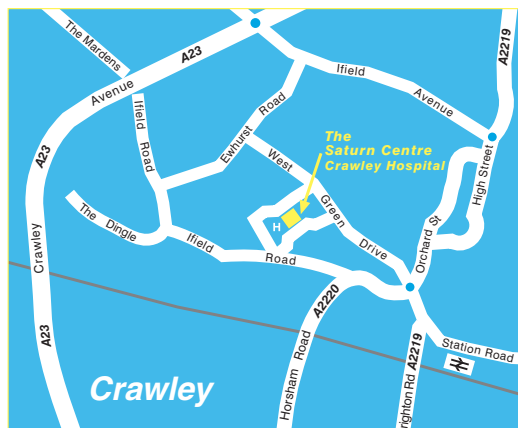
If you have concerns about your personal safety then please contact Sussex Police for advice on **0845 60 70 999** or visit www.sussex.police.uk

In an EMERGENCY always dial **999**.

The Saturn Centre Sexual Assault Referral Centre

How to find us: The Saturn Centre is based at Crawley Hospital. It is on the ground floor and has its own discretely signed entrance next to the Urgent Treatment Centre.

Crawley Hospital, West Green Drive, Crawley, West Sussex RH11 7DH



If you need directions or help to get to the Centre please telephone or email.

Telephone: 01293 600469
Email: ws-pct.SaturnCentre@nhs.net
Website: www.saturncentre.org

Telephone advice or appointments are available Monday to Friday 9am-5pm. There is an out-of-hours service for police emergencies.

Useful contact details

Sussex Police 0845 60 70 999
In an emergency dial 999

Rape Crisis 0808 802 9999
Mankind 01273 510 447

NSPCC (24hr helpline) 0800 800 5000
ChildLine (24hr helpline) 0800 1111

Samaritans (24hr helpline) 08457 90 90 90
Victim Support 0845 303 0900



**The Sussex service
for women and men
affected by rape and
sexual assault**

Sexual Assault Referral Centre

The Saturn Centre is a sexual assault referral centre. We provide a range of services to anyone in Sussex, 14 years of age or over, who has been raped or sexually assaulted.

Our services are available to women and men – whether or not the assault has been reported to the police.

Anyone over 14 can gain access to the services of the Saturn Centre, either by reporting a rape or sexual assault to the police, or by calling or emailing us to arrange an appointment.

What happens if you come to the Saturn Centre?

When you arrive, you'll spend some time with a support worker, talking in confidence about your options and discussing any questions you may have.

We can offer support and services whether or not the police are involved.

At every step of the way, you will be able to make choices about what happens at the Saturn Centre and which services you use.

If you are not sure what the Saturn Centre can offer, or there are questions you would like to ask, please call us on **01293 600469**, email us at **ws-pct.SaturnCentre@nhs.net** or visit **www.saturncentre.org**

Immediate services

If you have been raped or sexually assaulted we offer the following services:

- **A support worker** to accompany you through the process, providing advice and support.
- **Forensic medical examination** by a specialist doctor who is trained to understand the sensitivity of this type of examination. If there is an urgent forensic need, this examination can be carried out whether or not the police are involved.
- **Emergency contraception** and referral to sexual health services.
- **Risk assessment** of any potential future harm. If necessary, we will discuss a safety plan to prevent ongoing danger. The staff at the Saturn Centre understand that many assaults are committed by individuals who are known to the person who has been assaulted.
- **Sexual Offences Liaison Officers (SOLO)** are the specialist police officers trained to work with women and men who have been raped or sexually assaulted. If you choose to report your assault to the police, a SOLO will be assigned to start a criminal investigation.

If you come to the Saturn Centre without having contacted the police, you can discuss your medical and forensic needs with the specialist doctor. If it is appropriate, the doctor can collect forensic samples, but only with your permission.

If you agree, we can give these samples to the police for forensic analysis without disclosing your identity.

Samples can be stored to give you time to decide whether or not you wish to report the assault to the police.

Follow-up services

We understand that the effects of rape or sexual assault can be long lasting. It may have happened some time ago but still affect your well-being.

The Saturn Centre provides a specialist service to provide you with a wide range of support, advice and practical help.

Independent Sexual Violence Advisor (ISVA)

An ISVA is a dedicated support worker who will keep in touch with you and provide information about other services or organisations that may be of help.

Counselling

We can give you information about the services available locally to help you come to terms with what has happened.

Witness Care Officer

If a case is investigated as a crime, a Witness Care Officer will liaise between you and the police and the Crown Prosecution Service to keep you informed of developments with the case.

Other agency support

The Saturn Centre has links to a vast range of services across Sussex. Staff will talk to you about your needs and put you in touch with other agencies that can provide help and advice.