



Frequently Asked Questions Health and Wellbeing Transferee Recruitment

FAQ's - Fitness Test and Medicals – Sussex Police – Transferee's

I have a medical condition but does that prevent me from joining Sussex Police?

It will depend upon the nature of the medical condition. We require that all our new officers undergo a medical assessment with our Occupational Health provider. You will need to pass the medical assessment to be eligible to join Sussex Police. You will also need to be able to pass the Fitness Test, but reasonable adjustment can be made.

Can you become a police officer if you wear glasses or contact lenses?

As part of the recruitment process you will need to undergo an eye test. New recruits must have at least 6/12 vision in the right or left eye, or at least 6/6 vision in both eyes.

For those who wear glasses or contact lenses must have at least 6/36 vision in both eyes without wearing their glasses or contact lenses.

Can you become a police officer if you are colour blind?

Those with colour blindness are eligible to become police officers, but would be restricted from fulfilling certain posts, such as traffic officer or firearms. If your colour blindness is monochrome, you would be unable to apply.

Can you become a police officer if you have hearing issues?

The hearing standard required is – Hearing Loss of more than a total of 84 dB over the 0.5 – 1.2 KHz range or more than a total of 123 dB over the 3.4 and 6 KHz range.

The routine medical does contain a hearing test to determine if this standard is met.

If I have a disability can I apply to become a police officer?

Yes, Sussex Police welcomes applications from people with disabilities as defined by the Equality Act 2010 i.e. a person is disabled under this Act if they have a physical or mental impairment which has a substantial and long-term (over 12 months) adverse effect on their ability to carry out normal day to day tasks.

If you consider yourself to have a disability, please inform us of the type of reasonable adjustments you might need to assist you in participating in the recruitment and selection process. Sussex Police will try to make reasonable adjustments required where practicable.

I have epilepsy. Can I still apply?

You can still apply to become a police officer. We will look at each case on its merits and take guidance from our Occupational Health provider.

I have diabetes. Can I still apply?

You can still apply as long as your diabetes is under control. Your doctor will need to supply a medical report for clarification.

What is the lung function level?

It is dependent on clinical judgement, but as a guide the Occupational Health Advisors use 75% of predicted (according to normal graphs based on age, sex and height) for FVC (Forced Vital Capacity the determination of the vital capacity from a maximally forced expiratory effort) and FEV1 (Volume that has been exhaled at the end of the first second of forced expiration).

Is there a height restriction for police officers?

No, there is no minimum or maximum height restriction.

What happens if I fail the fitness test?

Candidates who fail their fitness test, you will be given the opportunity to re-take the test twice more, but should you then fail, your application will be rejected.

If you still have questions, please email the Recruitment Team at Recruitment@sussex.pnn.police.uk.